

Plusmitra Human Enrichment Workshop Series

Topics:

- Understanding Team Work.
- Concept of Goal and Goal Setting Techniques.
- Team Development Model.
- Understanding Leadership (Types and Techniques)
- Team Building Game -1
- Making a successful team.
- Team work Movies.
- Team Building Game-2
- Relaxation Techniques for Team.
- Individual Goal Setting.
- Taking a Pledge.

Mode:

- Chalk & Talk
- Interactive Discussion
- Role Play
- Story Narration
- Gaming
- Sketch Assessment

Duration:

400 - 480 Minutes
Delivered as one full day workshop or split into two half days or four two hourly sessions.

Arrangements:

- Facility to project Powerpoint.
- Laptop to Audio system connection.
- Collar Mic for Speaker.
- Hand Mic for Participants.

Faculty:



Dr. Sunil Ji Garg is an electronics engineer, management postgraduate and doctor of naturopathy and aromatherapy. More than thirty years back he started his career as a Space Scientist with ISRO and then served UPTRON and UPTEC at senior positions. Now he heads 'Sunmitra Education' as its managing director.

He is the inventor of top selling education CDs 'Yaksha' and innovative science education Cds 'Abhigyan' along with his theories of "Challenge Learning" and "CANDLE" which is expanded as Click and Drag Learning. As Motivational Speaker his clients are corporates, institutions and social groups. He has done many FM Helpline programs on FM Radio. He has published many articles. He is a registered 'Udemy.com' trainer and he is one of the top "Quora.com" answer giver. He also writes moral education articles at a popular portal www.indianthoughts.in under the column named "Generation Z". His dream mission is to make his portal Meracourse.com a really big name in the MOOC arena.