

CHOOSE A CAREER OF YOUR PASSION

Topic:

- **Be What You are:**
Self-Confidence Primer
(Freedom from Doubt, Tips, Stories, Exercises, Pledge)
- **Be a team Man:**
Group Discussion Tactics
(Leading, Listening, Differentiation, Precision, Making Mark)
- **Document Yourself:**
Resume Writing
(Search Right, Purpose, Types, Structure, Covering Letter, Sending, Checking)
- **Present yourself:**
Interview Tips
(Purpose, Day before, Day of, During, Std Questions, Difficult Ones, After)
- **Goal Setting:**
(Definition, Types, Objects, Visions, Targets, Techniques, Achieving)

Duration:

Option1: Full Day Workshop with about 7 Hours of interaction.

Options2: Five individual sessions (60 to 90 Minutes each) can also be customised as per need.

Arrangements:

- Facility to project Powerpoint.
- Laptop to Audio system connection.
- Collar Mic for Speaker.
- Hand Mic for Participants.

Self Confidence

Group Discussion

Resume making

Personal Interview

Goal Setting

Faculty:

Dr. Sunil Ji Garg is an electronics engineer, management postgraduate and doctor of naturopathy and aromatherapy. More than thirty years back he started his career as a Space Scientist with ISRO and then served UPTRON and UPTEC at senior positions. Now he heads 'Sunmitra Education' as its managing director.

He is the inventor of top selling education CDs 'Yaksha' and innovative science education Cds 'Abhigyan' along with his theories of "Challenge Learning" and "CANDLE" which is expanded as Click and Drag Learning. As Motivational Speaker his clients are corporates, institutions and social groups. He has done many FM Helpline programs on FM Radio. He has published many articles. He is a registered 'Udemy.com' trainer and he is one of the top "Quora.com" answer giver. He also writes moral education articles at a popular portal www.indianthoughts.in under the column named "Generation Z". His dream mission is to make his portal Meracourse.com a really big name in the MOOC arena.

Contact:

Dr. SUNIL JI GARG, MD, Sunmitra
md@sunmitra.com +919936145539
www.sunmitra.com

Mumbai Contact:

Er. R.C. Goyal, Director (West Zone)
rcgoyal@gmail.com, rcgoyal@sunmitra.com,
9820068417, 9869463964
www.sunmitra.com